

Welcome to Almonte General Hospital

Obstetrical Unit!

New Parent Information



In an effort to improve access to up-to-date information related to looking after your baby and yourself, we have added all education materials, links and videos to the AGH website.

We will happily review the information on the website during your stay with us at AGH.

Keep it handy for once you're discharged as there is valuable information for the first few months of your baby's life

On the right side of this page you will find a QR code (Quick Response) that you can scan with your smartphone to take you directly to the information that you need from the AGH website.



Aim your camera at the code and scan to open the website.

Alternatively, you may also access the list of information by going to:

<http://www.mrha.ca/obstetricalunit>



New Parent Information

On this page you will find links to information about

- Breastfeeding your baby
- Parenting support in your community
- Safe Sleep
- Tips for New Parents
- Your Guide to Postpartum (New parent guidebook to the first 6 weeks after birth)
- MUCH more!